

Periodontal Risk Assessment

Questionnaire for _____

Date _____



TOBACCO USE

Tobacco use is the most significant risk factor for gum disease.



HEART ATTACK/STROKE

disease can increase your risk for heart attack and stroke.



MEDICATIONS

A side effect of some medications can cause changes in your gums.

A chip off the old block

GENETIC

The tendency for gum disease to develop can be inherited.



CONTAGIOUS

The bacteria which cause gum disease may be spread to a spouse or the family.



FEMALES

Females can be at increased risk for gum disease at different points in their life.

Do you now or have you ever used the following:

	Amount per day	Used for how many years	If you quit, list what year
<input type="checkbox"/> Cigarette	_____	_____	_____
<input type="checkbox"/> Cigar	_____	_____	_____
<input type="checkbox"/> Pipe	_____	_____	_____
<input type="checkbox"/> Chew	_____	_____	_____
<input type="checkbox"/> Snuff	_____	_____	_____

Do you have any other risk factors for heart disease or stroke?

- Family history of heart disease Tobacco use
 High cholesterol High blood pressure

If you have any of these other risk factors it is especially important for you to always keep your gums as healthy and inflammation free as possible to reduce your overall risk for heart attack and stroke.

Have you ever taken any of the following medications:

- Dilantin anti-seizure medication.
 Calcium Channel Blocker blood pressure medication (such as Procardia, Cardizem, Norvasc, Verapamil, etc.).
 Cyclosporin immunosuppressant therapy.

Has anyone on your side of the family had gum problems (e.g. your mother, father, or siblings):

- yes No

Has anyone in your immediate family been tested or treated for gum problems? If so, whom?

- Spouse Children

The following can adversely affect your gums. Please check all that apply:

- Pregnant Nursing Osteoporosis
 Taking birth control pills
 Taking hormone supplements
 Infrequent care during previous pregnancies

